

Upper Deck, Lower Deck

Everyone is to line up. Identify where the decks are. For example if played in a gym, one baseline could be upper deck, the other lower deck and half court could be middle deck. Now call out any of the decks in any order trying to confuse everyone. But whatever deck you call out they have to run to. They can only go when both words are said, such as “Upper Deck,” not just “Upper.”

This activity is from the YMCA’s of North Carolina.

