

## **Jump Rope Spelling Words**

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21<sup>st</sup> CCLC After School Programs

Grades 2-4

The following after school homework activities reflect modifications to incorporate more physical activity into our structured, academic program:

### Equipment:

- Large jump rope for two-person turning
- Index cards with weekly spelling words written on them

### Instructions:

- Form a line of students, two lines if you have two jump ropes for two groups.
- Assign one student to be the 'caller.'
- The caller 'calls out' the first spelling word.
- The first jumper repeats the word and then jumps in the moving ropes.
- The jumper spells the word and then jumps out and rejoins the group at the back of the line.
- If the jumper misspells the word he/she continues jumping and the caller 'calls out' the correct spelling to the beat of the ropes.
- The jumper repeats the correct spelling and then jumps out and rejoins the line.
- The next person goes and so on until all have had a turn.

### Variations:

- The jumper keeps jumping and spelling all of the words called until they misspell a word.