

## **Electricity**

The children are split into groups. The children line up and on GO one at a time, they run to the Instructor, standing some distance away and do a predetermined number of laps around the instructor. They run back to the line and transport the electricity to everyone in line, either with a double high five or a piggy back push up, be creative. This continues until everyone has had a turn.

This activity is from the YMCA's of North Carolina

